



www.tofc.ca

email: gm@tofca.ca

Player Commitment Form

I, as a selected Thompson Okanagan FC Player, agree to the following commitments for the 2024/2025 season.

To:

- Attend all scheduled practices and games.
- Contact the coach at least 24 hours prior if unable to attend games and or practices.
- Arrive at least minimum 1 hour before scheduled games.
- Arrive 15 minutes before scheduled practices and be ready to start on time.
- Wear appropriate footwear and clothing for games/practices.
- Agree that playing time is a privilege to be earned, and that there is no guarantee of playing time beyond the mandated 30% minimum average of active attended games.
- Treat others as I would like to be treated.
- Practice and encourage good sportsmanship with all players, coaches, game officials and parents at every game, practice and event.
- Treat coaches, managers, team officials and teammates with respect.
- Respect decisions of the coach and club staff.
- Vow to speak to my coach (with club TD present if desired) directly in the event of disagreement with the coach, and to express concerns or views in a respectful manner.
- Follow all rules and curfews while travelling, and conduct oneself with pride and decorum in representing the club.
- Refrain from any actions that might offend fellow team mates, opponents, officials and coaches.
- Refrain from bullying teammates while vowing to interject and stand up to anyone seen bullying another teammate

- Refrain from the use of alcohol, illicit drugs, cigarettes or other tobacco products, and vaping. Players found to be in possession of and/or using any such product while at any TOFC event (game, practice, hotel, bus, team/club organized function, etc.) will be dismissed from the club.
- Maintain the highest ethical and moral standards as a representative of TOFC.
- Play by the rules and in the spirit of the game.
- Take responsibility and be accountable for personal actions.
- Abide by TOFC's rule to follow singular football programming only, in accordance with BCSPL regulations.
- **PRIORITIZE ALL TOFC programming** (games, training, meetings, etc) ahead of conflicting private academy sessions or events, or those of other activities including, but not exclusive to, high school sports.
- Understand that if I break these commitments, there will be consequences.
- Put team before self EVERY time.

Acceptance of, and agreement to comply with the terms of this document are indicated electronically by completion of the Thompson Okanagan FC Player Registration Form.

Failure to adhere to these commitments may result in expulsion from the program at the discretion of the coaching staff in conjunction with the Technical Director and General Manager.

Revised July 2, 2024

